

# Coherence for Educators

## An AI-supported reflection and growth companion for early-career teachers

New teachers are navigating classroom routines, planning, family communication, feedback, and work-life balance moments while still developing confidence and professional judgment. Coherence for Educators is designed to support, not replace it.



Reflection should lead to one manageable next step, not another overwhelming list.

### REFLECT

#### Slow down

Name what is happening before trying to solve everything at once.

### PRIORITIZE

#### Choose one focus

Separate the issue that matters most from the ten things that feel urgent.

### ACT

#### Test one experiment

Try a manageable adjustment and revisit evidence over time.

### EIGHT-WEEK EARLY PILOT

- 10-25 early-career educators
- Private 10-minute weekly reflection
- One manageable experiment
- One mentor-ready question
- Optional shared summary
- Launch and closing sessions

### RESPONSIBLE AI GUARDRAILS

- Private reflection by default
- No scoring of teacher quality
- No personnel recommendations
- No surveillance
- Human mentoring stays central
- Aggregated learning themes only

### WHAT THE PILOT TESTS

Whether the tool reduces overwhelm, strengthens mentor conversations, supports follow-through, and helps identify which challenges require organizational support.

### POTENTIAL PARTNERS

Schools, districts, networks, teacher-preparation programs, educator-pathway initiatives, and mission-driven organizations supporting early-career educators.